

Tanoshii Wagashi Littl

Wagashi CD-ROM The Art of Wagashi Heavenly Wagashi Recipes Wagashi and More Wagashi Traditional Wagashi with a Twist Cookbook The Cook-Zen Wagashi Cookbook Flowers and Wagashi Wonderful Wagashi Recipes Yamashita Masataka Kimiko Gunji Carla Hale Cooking Penguin Mutsuo Takahashi Stephanie Sharp Machiko Chiba Alice Waterson
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a treat not just for the taste buds but also for the other senses these delightful japanese confections known as wagashi were traditionally prepared according to the season to be savoured with tea as a snack during the day made using various types of sweet bean pastes flours and gelatin these delicate treats are now widely enjoyed throughout the day and make ideal gifts whatever the occasion discover the delectable world of japanese wagashi from traditional favourites to new creations with this inspiring collection of recipes from the talented chef yamashita masataka

wagashi is commonly translated as japanese sweets or confections wa denotes all things japanese and gashi originates from kashi or okashi which refers to all confections this book the art of wagashi recipes for japanese sweets that delight the palate and the eyes is dedicated to a d moore 1931 2013 professor emeritus of the university of illinois at urbana champaign who was a mentor and great supporter of japan house a cultural teaching center at the university of illinois professor moore or doyle sensei as we fondly called him was a man of versatility with a wealth of knowledge he was a kind and warm hearted person forever curious who possessed doshin a child like kokoro kokoro is a japanese word encompassing multiple meanings including mind heart and spirit one of the things he shared with so many people was how to make wagashi which he learned first hand by visiting a japanese wagashi shop in japan many years ago with his instruction several of japan house s students learned the basic techniques and made wagashi for tea classes doyle sensei often discussed writing a wagashi book in english so that people outside of japan could make authentic wagashi to enjoy with a bowl of tea regrettably his dream did not come true

while he was on this earth but his legacy has been passed down to many generations professor emeritus kimiko gunji embarked upon writing this book in honor of doyle sensei five years ago and finally we feel ready to present this cookbook to all of those who love wagashi the recipes in this book have been carefully crafted for genuineness each recipe has been tested and refined by experienced sweet makers other notable features of this book are that all of the ingredients are easily purchased in the united states and that the final products are authentic in taste and appearance it is professor gunji s greatest hope that all of you who make wagashi according to the recipes in this book will enjoy these treats not only with the palate but with all senses

do you yearn for unique japanese desserts to share with your family and friends will you need to look in many locations to find a variety of understandable recipes for these treats no you won t the sweet dainty confections known as wagashi are a world away from the cakes and cookies you ll find in europe or western countries japan s unique confections highlighted in this cookbook were developed to be served with the traditional tea ceremonies of the country but you can eat them anytime you like it may surprise you to know that these sweets are not that hard to make ingredients for these treats like red bean jam sweet bean jelly and sticky rice are not difficult to prepare and the recipes use many of the same ingredients so once you make a few of them it s so easy to make others wagashi treats do not use fat or butter so they are healthier than western desserts they often utilize seasonal fruits and you can use fruits found in your own country if you prefer give these a try make these charming little treats at home your family and friends will love to sample them for you start creating these tasty unique treats today

a visual guide to hundreds of japanese confections with historical information text in japanese and english

35 easy to do and delicious recipes traditionally eaten with tea or as a small snack in the middle of the day

an exquisite photography art of japanese confectionery wagashi since ancient times japanese wagashi culture has captured the hearts of japanese people its beauty and charm is the culmination of japanese tradition spanning more than 500 years this book introduces the beauty of wagashi categorizing each type by month and by season offering insights into the seasonal aspect of each creation readers will learn how each confectionery s concept and deep meaning are closely tied to the ephemeral tastes and sights that characterize the four seasons of japan which have been appreciated and enjoyed by japanese people for generations all of the confectioneries in this collection have been selected from long stablished famous confectionery companies such as kawabatadouki kyoto kameya iori kyoto and toraya tokyo this title brings the best of wagashi to readers who are sure to be mesmerized and delighted by the delicacy and beauty of wagashi wherever they are in the world

do you have a yearning for unique japanese desserts that you want to explore no sweat you won t need to look too far to find some impressive recipes for these treats the dainty sweet confections wagashi are in a class to themselves and are different from the cookies and cakes you ll find in european or western countries the unique japanese confections highlighted in the wagashi cookbook were made to be served at the traditional tea ceremonies of the country but they can be eaten anytime you desire you may be surprised to know that these sweets are very simple to make the ingredients for these treasures such as sticky rice sweet bean jelly and red bean jam are easy to prepare the recipes basically use most of the same ingredients so once a few are made it is very easy to make the others wagashi treats are fat and butter free which makes them healthier than western desserts oftentimes seasonal fruits are used or fruits found in your own country if that s your preference come on give these treats a try and make them in your own kitchen ask your family and friends to sample them for you i am sure they will love them

from cherry blossom rice cakes to mochi dusted with green soy bean flour home cooks will be transported by the recipes in machiko chiba s latest cookbook devoted to japanese sweets known as wagashi traditionally served as part of the tea ceremony wagashi are finding a place in contemporary cuisines as light beautifully crafted elegant desserts now with her easy to follow instructions and the patented cook zen microwave pot anyone can make wagashi in minutes

if you want to learn about truly exotic confections japanese cuisine is what you are looking for would you like to be able to make wagashi desserts like they do in japan i have the recipes in this cookbook that will introduce you to these traditional japanese wagashi and give you a hand in learning to create them yourself wagashi often has delicate interesting shapes and it is flavored with various natural ingredients like azuki beans kuzu kudzu for folks outside of japan and agar a gelatin that makes the treats cohesive and easier to enjoy seasonality is important to foodies in japan particularly with regard to presentation color theme and ingredients all of these usually match the season or holiday in which they are being served japanese wagashi epitomizes the ways the japanese celebrate the seasons and their lives wagashi is usually enjoyed with green tea but you can eat them however you like their variety in consistency and shape will make them interesting to prepare and serve you and your family and guests may discover a new go to confectionary dessert

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